

extratime

2021/22

Our year in numbers



At Extratime, children and young people with and without disabilities have fun and try new things with their friends. Specialist care and support from our dedicated play and youth workers means each child can enjoy the exciting activities at Extratime's many inclusive clubs, holiday schemes and family events.

What we did

In 2021/22 we ran...



453
After School
Club sessions



39
Youth Club
sessions



16
Grub Club
sessions



9
Family
Fun Days



172
Holiday Scheme
sessions



4
Youth Voice
sessions

Our outcomes

Children and young people reported



86%
had fun



70%
enjoyed social time
with others outside
their household or
immediate family



56%
tried new things or
had new experiences



51%
were more active

Parent carers reported



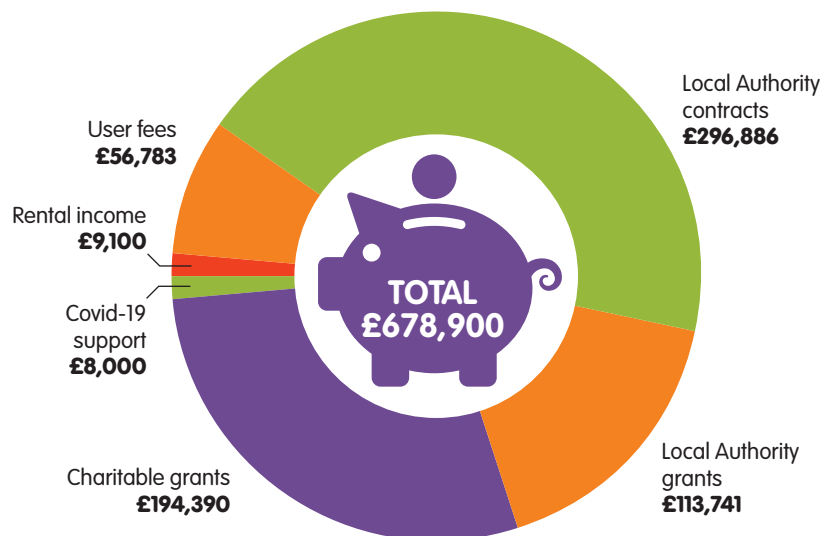
71%
had a break from
caring for or
entertaining their child



57%
had more quality time
with other siblings or
their partner

2021/22

How we raised funds



"The sense (and evidence) that your work helps young people feel supported and empowered was clear."

BBC Children in Need

"I like drawing and painting at Extratime as it makes me feel relaxed... and I can see my friends."

Young Person, aged 15

"Extratime is a lifeline for families whose children cannot access mainstream clubs... Not getting adequate respite from a caring role is impacting on the health and wellbeing of carers and siblings."

"The staff at Extratime are amazing, my children always have fun and are excited to go. It would be great if more holiday sessions were available."



extratime

Our team

112
colleagues

8
volunteers

We worked
3,612
shifts

722
hours of training
completed

The average delivery cost of a 1:1 place at our holiday schemes was

£180

whilst the average fee charged was

£24



Voices of young people

The 21 members of the young people's R Voice group were involved in staff recruitment, policy developments and activity planning at Extratime. They also made an important contribution to improving accessibility for people with invisible disabilities in Brighton & Hove City Centre at YouthWise, Brighton & Hove's young decision makers forum.